

## **EXECUTIVE HEALTH CHECK OUTPATIENT PACKAGES**

### **TEEN BALANCE MALE/FEMALE (13-19 years old)**

**Php6,300.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, Lipid Profile
  - b. Urinalysis
  - c. Fecalalysis
3. Nutrition Counseling
4. Puretone audiometry
5. TDAP vaccination
6. Adolescent / Pediatric consult

### **SYMMETRY MALE/FEMALE (20-59 years old)**

**Php8,100.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, FBS, BUN, Uric Acid, TP-A/G, SGOT / AST, SGPT / ALT, Creatinine, Lipid Profile, HBAIC
  - b. Urinalysis
  - c. Fecalalysis
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. Nutrition Counseling

## **MALE BALANCE (20-59 years old)**

### **Php10,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, Bilirubin, BUN, HBAIC, FBS, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G
  - b. Urinalysis
  - c. Fecalalysis
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. Kidneys, Urinary Bladder and Prostate Ultrasound
6. PSA IRMA
7. Nutrition Counseling
8. Urologist Consult

## **FEMALE BALANCE (20-59 years old)**

### **Php15,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, Bilirubin, BUN, HBAIC, FBS, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G, Calcium
  - b. Urinalysis
  - c. Fecalalysis
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
  - b. Mammogram
4. Resting Electrocardiogram
5. Pelvic Ultrasound
6. Bone Densitometry
7. TSH IRMA
8. Nutrition Counseling
9. Pap Smear
10. OB-Gyn Consult

## **PRIME BALANCE MALE/FEMALE (60 years old and above)**

**Package rate: Php 14,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, BUN, FBS, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G, Sodium, Potassium
  - b. Urinalysis
  - c. Fecalalysis
  - d. Occult Blood
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
  - b. Mammogram (Female)
4. Resting Electrocardiogram
5. Bone Densitometry
6. TSH IRMA + PSA (Male)
7. Nutrition Counseling
8. OB-Gyn Consult (Female) / Urology Consult (Male)
9. Geriatric Consult

## **PULMONARY**

**Package rate: Php 10,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, BUN, FBS, Uric Acid, SGOT / AST, SGPT / ALT, Creatinine, Lipid Profile
  - b. Urinalysis
  - c. Fecalalysis
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. Nutrition Counseling
6. Spirometry
7. Pulmonology Consult

## RENAL

**Package rate: Php 12,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, Bilirubin, BUN, HBA1C, FBS, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G
  - b. Urinalysis
  - c. Fecalalysis
  - d. Micral Test (24 Hour Urine)
  - e. Glucose Challenge Test
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. Kidney, Urinary Bladder Ultrasound
6. Nutrition Counseling
7. Nephrology Consult

## ENDOCRINE

**Package rate: Php 13,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, Bilirubin, BUN, HBA1C, FBS, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G, FT3, FT4, TSH
  - b. Urinalysis
  - c. Fecalalysis
  - d. Glucose Challenge Test
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. Nutrition Counseling
6. Fundus Photo with Reading
7. Endocrinology Consult

## CARDIAC

**Package rate: Php 15,000.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, FBS, BUN, HBA1C, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G
  - b. Urinalysis
  - c. Fecalalysis
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. 2D Echocardiogram with Doppler
6. Treadmill Exercise Test (once cleared by Cardiologist)
7. Nutrition Counseling
8. Fundus Photo with Reading
9. Cardiology Consult

## GASTRO INTESTINAL

**Package rate: Php 9,700.00 (excluding supplies and medications)**

1. Complete History and Physical Examination
2. Laboratory Tests
  - a. Complete Blood Count with Platelet Count, FBS, BUN, HBA1C, Uric Acid, SGOT/AST, SGPT/ALT, Creatinine, Lipid Profile, TP-A/G, Bilirubin (Total)
  - b. Glucose Challenge Test
  - c. Urinalysis
  - d. Fecalalysis
3. X-Ray Examinations
  - a. Chest X-Ray (PA View)
4. Resting Electrocardiogram
5. Hepatobiliary tree & pancreas ultrasound
6. Nutrition Counseling
7. Gastroenterology Consult

Package prices and inclusions are subject to change without prior notice. Please contact us for more information.